

#### The Institute of Trichologists

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# BEST PRACTICE GUIDES: CONSULTATION RESOURCES

## MEDICAL HEALTH QUESTIONNAIRE

Please find an example patient medical health questionnaire on pages 2, 3 and 4 of this document.



Name:		Date:
Address:		
Mobile:		
Are you 18 years or over Yes/ No		
Medications taken in the last 6 mont	hs:	
Have you experience any of the	following?	

Difficulty with breathing or rapid heartbeat?

Have you had chemotherapy or radiation therapy in the last year?

Are you presently pregnant (contraindicated)

Are you presently breast feeding (48hrs express milk post procedure)

MRI scan for the head scheduled in the next 6 weeks?

Micropigmentation on the scalp recently or scheduled for the future?



#### Please mark with a cross where appropriate if any of the following apply:

Cosmetic Allergies Inflammatory Skin Condition

Undiagnosed lumps or pain in scalp Blood thinners or Anti-Coagulants

Cuts or abrasions on scalp

Bruise Easily With Minor Injury

Spray Tan Sunburn

Scar Easily With Minor Injury Keloid Scar With Minor Injury

Skin Heals Dark With Minor Injury Accutane Within 6 Months

Steroids Within 6 Months Heart Condition

Rheumatic Fever Haemophilia

High Blood Pressure Epilepsy In Last 3 Years

Seizures in last 3 years Kidney Disease

Cancer With In Last Year or chemo/radiation Leukaemia

Vitiligo that has moved in last year

Auto Immune Conditions- exceptions to alopecia/thyriodism

Scleroderma (Diagnosed) Stomach Ulcers ( Present)

Cataract Trichollomania

Nervous / Psychotic Conditions Impetigo

Low Blood Pressure Recent stroke

Liver Disease Asthma

Tumours, Growths Or Cysts Diabetes – insulin dependant

HIV Systemic Lupus Erythematosus

Shingles Tuberculosis (Present)

Glaucoma Watery Eyes

Eye infections regular or present Alopecia

Recent Hair Loss Contagious Disease (Present)

Fever (Present) Sun Beds And Tanning Regularly

Botox In Last 2 Weeks Laser / IPL close to scalp/face

Chemical Peel In Last 6 Months Dermabrasion Last 6 Months

AHA Skin preparations Retina A

Vomiting / Diarrhoea

Do you have a condition presently under supervision of a doctor or dermatologist? If yes, please provide details if none of the above applies.



## Warnings and precautions

Please always use	exactly as instructed on the information leaflet. If you suffer
any adverse reaction su	ch as chest pain, increased heart rate, faintness or dizziness, sudden
and unexplainable weig	t gain, swollen hands or feet, persistent reddening or irritation of the
scalp, then stop using _	immediately.
Seek medical attention	rom your doctor and/or a pharmacist and contact
·	
Patient	
Name	Signature